*The Way You Think is the Way You Live*

As a Christian, more than once we have been questioned or even we ourselves have questioned to what degree religion affects our lives. Although my faith in God has never been questioned, I have wondered what kind of repercussions something as important as religion has in the development of my life. Many would think that religion is just about praying, praising the Lord, and going to church every Sunday. But the truth is that Christianity has a much more fundamental role than that in our lives, because it is through this that we will forge the foundations of a good life.

And you may be wondering how a religion will help you live better?

To answer this, it is necessary to understand that Christianity is not only about the things you do, but it is also about the way you think, as well as a way of seeing and understanding the world as a great whole and not as small pieces:

***"The basic problem for Christians in this country in the last eight years when it comes to society and government is that they have seen things in pieces rather than whole."***

***(Francis Schaeffer, A Christian Manifesto)***

Developing the previous idea, the Christian community tends to make the mistake of seeing the aspects of life in small pieces, instead of associating them, most of the time this type of vision leads to the human being getting frustrated since he is incapable of understanding the “Because” of things, or even leads him to not understand himself. However, it is through a biblical view of life where we will be able to see the larger picture and understand that the Bible is present in most parts of our lives and in the things we do.

Based on what has been said above, it is possible to infer that if Christianity is a way of thinking, it will lead the human being to a better understanding of different areas that are constantly present in his life, in the way that God wants us to understand them to be more precise. These areas can be divided into two branches, some that will help you to relate and understand better the outside world and others that will help you to understand yourself better.

In the first branch, we have the case of economics, at first glance it can be difficult to find a direct relationship between the Christian religion and this social science. However, it is precisely under a

Christian view of the world where we can find the true meaning of money and its purpose since the human being will understand that it is only a means for the construction of a prosperous community, a way to help others and himself, leaving aside a selfish and ambitious vision that in contrast to the biblical view, this one only seeks to be able to generate power and benefit self-interest, and as a result of this, making it clear that our master is the lord and not money.

An example of the just postulated is when someone wealthy uses his money to help his church, foundations, or even to support the local high school because there is a purpose behind that action, and as consequence of this he will end up filling his soul and making the community grow. Just as it happens in this area, it happens in many more stories such as politics, sociology, theology and law.

In the second branch we have the case of psychology, a science that studies the mental processes of the human being, many will think that this is a secular science and that therefore it is impossible to find a connection with Christianity. However, it is practically implicit in the bible that we Human beings are more than just flesh and blood, we are a perfect combination between a natural and supernatural reality, showing that it is possible to approach psychology from a Christian point of view.

***“The very essence of religion is to adjust the mind and soul of man… Healing means bringing the person into a correct relationship with the physical, mental and spiritual laws of God” (Charles L. Allen, Psychiatry of God, 1953)***

This premise is key to understanding that psychology from a Christian point of view is essential for a good life, since when recognizing that the human being is more than just a bunch of matter and that in reality the most important part of him is in his interior. For he has been created in the image and likeness of God and it is because of this that there is no longer a need to seek validation or acceptance in other people, since the only way to know who you really are and what you are worth can only be found in your interior. Once discovered, this is one of the greatest gifts that the human being can receive since both soul and mind are a unique and perfect design that the Lord provides to each person.

As it happens in this area, it also happens in other areas such as Biology, Philosophy and Ethics.

Based on the previously analyzed points, we can deduce that thanks to a Christian worldview based on the Bible, the human being will be able to discover who he really is and will also find a true purpose in his life, a purpose that will lead him to build a better future both for him and for those around him. Because not only will he have a fair and comprehensive knowledge about different areas of life, he will also have them of himself, allowing him to see that he is part of something bigger than his own problems, company, golf club, etc... He is part of God's community, part of a community where like all other Christians he has an important role and mission. Therefore, it is feasible to conclude that a Christian vision and way of thinking, is the fundamental basis for a good life.

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